

# The Happiness Quadrant

## Relationship

What step or steps might you take that would both *stretch you* and intensify/deepen your relationship with God and others?



## Design

How are you uniquely wired? What action steps might you choose that would *stretch you* to both discover and apply your unique gifts and strengths?



## Blessing

What steps might *stretch you* to be more intentional to enjoy and celebrate the blessings, pleasures and meaning God sends into your life?

*many thanks*



## Meaning

What actions might you take (reflecting God's plan and your design) that would *stretch you* to better serve and meet the needs of others.

