

# **The Top 10 Resources to IGNITE Your Coaching Career**



**Eric Walker M. Div.**

Dear Aspiring Christian Life Coach,

Five years ago I was facing a period of transition, both personally and professionally. Having spent the majority of my adult life in vocational ministry, I had a real sense that it was time for a change. The time had come for me to launch a personal ministry and business. Enter Life Coaching.

So I attended a seminar here and read a book or two there, but somehow I felt like I was spinning my wheels and getting nowhere. As I began to survey the broader landscape of this field of Christian life coaching I discovered there were few clear paths. And I had far more questions than I had answers.

Where should I turn for help to develop the skills and training I needed? Which sources were reputable and which weren't? What coaching niche should I choose? What about certification or insurance? How could I get up to speed with marketing my services, especially in this crazy online world we live in? Then there was the business side. Should I choose to be an LLC or S-Corp? What about all the records and red tape? Where could I, the "anti bookkeeper," look for wisdom and help to set up a viable business?

And so I embarked on what became a five-year journey. The good news was I already had two things in my favor. One, I'm a voracious reader and life-long learner, and two, I'm a teacher at heart. As a learner I had no problem immersing myself in books, podcasts, online courses; really anything I could get my hands on.

So it was that, somewhat by accident, I tapped into a vital concern; a need to provide a step-by-step system so others like myself could find the answers they were looking for. By this time I was also teaching part-time at a local college. So I decided the best way to reinforce my own progress was to begin to teach what I was learning to others. I took the best of what I had discovered and, as I built my own coaching practice, I began teaching others how to do the same.

To date I've trained over 100 Christian Life Coaches, both nationally and internationally, in the Teach Me to Coach System. Along the way I've discovered a passion for helping aspiring Christian life coaches find answers to the most common questions, problems and obstacles they face.

I know what it's like to want to make a difference, but not to know where to start. I understand the struggle to build momentum; the sense of overwhelm at times and even self-doubt. I also know the thrill of experiencing breakthrough, both as I coach others individually and as I experience growth in my larger practice!

That's why I started the [TeachMetoCoach.com](http://TeachMetoCoach.com) website. To help folks just like you to skip the detours and dead ends, build on a solid foundation, and accelerate your progress as you embark on this exciting journey of becoming a Christian life coach.

In closing, let me be clear. Its important to remember the foundation of ALL we do: Jesus Christ. Psalm 127:1 reads, *Unless the Lord builds the house, They labor in vain who build it; Unless the Lord guards the city, The watchman keeps awake in vain.*

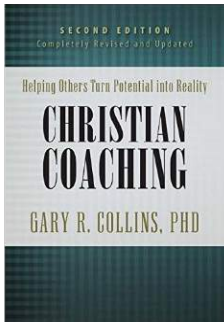
Please enjoy this free resource guide. Truth is I'm just starting to build this website. Please let me know what I can do to best meet your needs.

Blessings,

*Eric Walker, M. Div.*

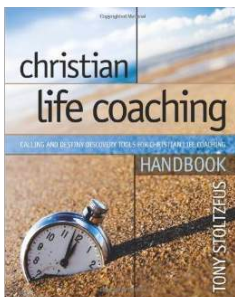
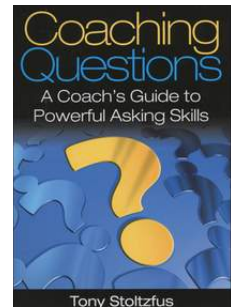
# The Top Ten Resources

(other than the Bible) to Ignite Your Christian Life Coach Career!



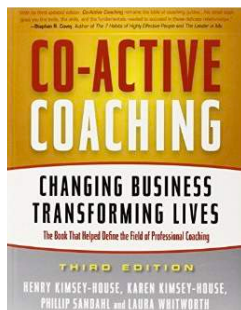
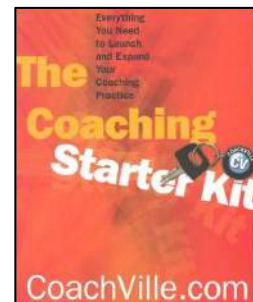
**Christian Life Coaching: Helping Others Turn Potential Into Reality (Second Edition)– Gary Collins** Using a Biblically based approach, this groundbreaking text is arguably the single most comprehensive introduction to Christian life coaching available today. Collins has succeeded in delivering an exploration of both the philosophy and practice of Christian life coaching that is at once in-depth and eminently readable.

**Coaching Questions: A Coach’s Guide to Powerful Asking Skills – Tony Stoltzfus** The ability to ask powerful questions is the single most important coaching skill. In this volume Stoltzfus, a pioneer in the Christian coaching field, joins 12 other professional coaches to present dozens of asking tools, models and exercises. This is a reference guide you’ll turn to again and again.



**Christian Life Coaching Handbook – Tony Stoltzfus** This practical look at the tools and techniques of Christian life coaching is filled with sample coaching dialogs, real-life examples, practical models, and over 60 formal “destiny discovery” exercises. Along the way, you'll learn tools for finding one's innate design, unearthing passions, identifying life messages, crafting convergent roles, and much more.

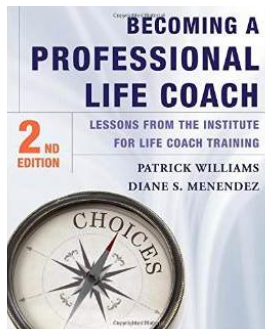
**The Coaching Starter Kit: Everything You Need to Launch and Expand Your Coaching Practice – Coachville.com** An essential, comprehensive all-in-one toolkit to help you get started in coaching. Using the extensive resources of CoachVille.com this book includes over 150 fundamental and practical forms. Easy to photocopy or modify to suit your own practice, The Coaching Starter Kit is a complete toolkit of coaching basics and advice.



**Co-Active Coaching: Changing Business, Transforming Lives – Henry and Karen Kimsey-House, Phillip Sandahl, Laura Whitworth** The definitive resource for dozens of professional development programs, *Co-Active Coaching* is described as “The book that helped define the field of professional coaching.” More specifically, it provides business coaches a toolkit for helping their clients achieve professional and personal success.

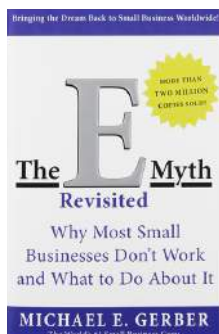
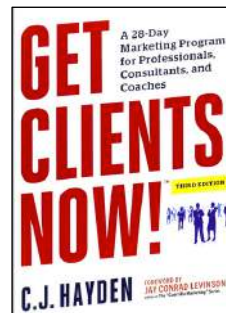
[teachmetocoach.com](http://teachmetocoach.com)

## Top 10 Resources: Continued



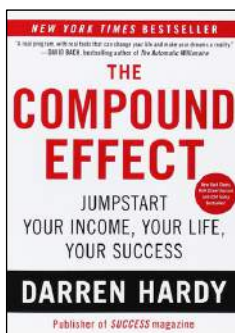
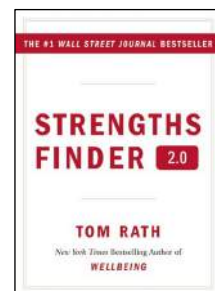
**Becoming a Professional Life Coach: Lessons from the Institute of Life Coach Training (Second Edition) - Patrick Williams, Diane Mendez** Moving seamlessly from coaching fundamentals—listening skills, effective language, session preparation—to more advanced ideas such as helping clients to identify life purpose, recognize and combat obstacles, align values and actions, maintain a positive mind-set, and live with integrity, this new edition is one-stop-shopping for beginner and advanced coaches alike.

**Get Clients Now (Third Edition) – C. J. Hayden** Using a simple cookbook model, Hayden helps readers identify the ingredients missing from their current marketing activities, select the right strategies and tools from a menu of options, and create a completely customized action plan. *Get Clients Now!* has helped thousands of independent professionals dramatically increase their client base. With this uniquely practical guide, it's easy to replace scattershot marketing and networking efforts with proven and targeted tactics.



**The E-Myth Revisited – Michael Gerber** An instant classic, this phenomenal bestseller dispels the myths about starting your own business. Small business consultant and author Michael E. Gerber, with sharp insight gained from years of experience, points out how common assumptions, expectations, and even technical expertise can get in the way of running a successful business.

**Strengthsfinder 2.0 – Tom Rath** Rooted in more than 40 years of research, this assessment has helped millions discover and develop their natural talents. Loaded with hundreds of strategies for applying your strengths, this new book and accompanying website will change the way you look at yourself -- and the world around you -- forever. An ideal assessment to help new clients gain significant results in record time.



**The Compound Effect – Darren Hardy** Based on the idea that decisions shape your destiny, Darren Hardy, publisher of *Success Magazine*, presents a distillation of the fundamental principles that have guided the most phenomenal achievements in business, relationships, and beyond. This easy-to-use, step-by-step operating system allows you to multiply your success, chart your progress, and achieve your desires. Perfect for use by beginning coaches. Lots of FREE accompanying resources also available at <http://www.thecompoundeffect.com/resources.php>

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